

Formal College Approved Activity (FCAA) – Local

List of Accredited Passive Academic/Professional Meetings / Workshops

	Credits	Rehab Credits
AADO Annual Congress/Workshop	8-A	3
AO Courses: Basic / Advanced / Spine / Hand	8-A	3
ATLS Instructor; ATLS Student	10-A	3
Combined Meetings of CMC & KWH	2-A	1
Combined Meetings of DKCH & QMH	2-A	1
Combined Meetings of KWC	2-A	1
Combined Meetings of NDH & TMH	2-A	1
Combined Meetings of PWH & AHNH	1-A	
Combined Meetings of TKOH & UCH	2-A	1
CUHK-AADO Comprehensive Bioskill Course on Fracture Fixation	8-A	3
CUHK-Microsurgery Basic Course	10-A	5
HKCOS Annual Rehabilitation Symposium	8-A	8
HKOA Annual Congress	15-A	10
HKOA Scientific Workshops or Meetings	5-A	2 (5 if on rehab)
HKOA Sports Medicine Chapter Trimonthly Meetings	2-A	
HKSH & APOS Clinical Orthopaedic Meeting	2-A	1
HKSSH Annual Congress	8-A	3
Hong Kong Association of Sports Medicine & Sports Sciences Annual Workshop or Meeting	5-A	2
Hong Kong International Orthopaedic Forum	8-A	3
Inter-hospital Saturday Meeting	2-A	1 (2 if on rehab)
Regular Academic/Professional Meetings of the Association of Private Orthopaedic Surgeons	2-A	1

List of Accredited Passive Open Lectures

	Credits*	Rehab Credits
Invited speakers by HKOA & HKCOS	1-A	1
Open lecture given by External Examiners of the Universities and the Hong Kong College of Orthopaedic Surgeons	1-A	1
Visiting Lecture by HKU - MB Lee Lecture; SC Fan Lecture; Harry Fang Lecture; Tam Sai Kit Lecture; Yang Hsueh Chi Lecture	1-A	1
Wu Jieh Yee Lecture (CUHK)	1-A	1

* unless specified

List of Accredited Active Activities

Further to CME/CPD Fellow's Guides item 5.6 Active Participation:

Organizer	Quality Assurance and Mortality & Morbidity Meeting	Clinical/Surgical Review or Audit Meeting	Discharge Meeting	Pre-operative Meeting	X-ray Meeting	Mini-CPC	
AHNH	✓	✓		✓	✓		
CMC			✓	✓	✓	✓	
KWH			✓	✓	✓		
NDH			✓	✓	✓		
PMH			✓	✓	✓	✓	
PWH						✓	
PYNEH						✓	✓
QEH			✓	✓	✓	✓	✓
QMH			✓	✓	✓	✓	✓
TKOH			✓	✓	✓	✓	✓
TMH			✓	✓	✓	✓	
UCH			✓	✓	✓	✓	
YCH			✓	✓	✓	✓	

** Should be submitted with detailed meeting report **

- As authors writing articles for HKCOS PIC Web, 2 Cat A active points would be automatically granted (with no need to submit individual application) per each article once accepted by the HKCOS Public Information Committee.
- Sharing the same principles as for Presenting in a FCAA, the lecturer/tutor in Orthopaedic Bio-skill Workshop would be granted with 1 Cat A active point for teaching less than 15 minutes; 2 Cat A active points for more than 15 minutes; and maximum 3 Cat A active points for more than 30 minutes.

For table instructor, 1 Cat A active point would be granted for a half day workshop and 2 Cat A active points would be granted for a full day workshop.

- For Setting Examination Questions, every 3 questions accepted by the HKCOS Examination Committee and Hong Kong Intercollegiate Board of Surgical Colleges Membership Examination would be equivalent to 1 Cat A active point. This rule is apply to MCQ. For SAQ, 1 question accepted would be granted with 1 Cat A active point.

Formal College Approved Activity (FCAA) - Overseas

	Organizer	Credits	Rehab Credits
American Academy of Orthopaedic Surgeons Annual Meeting	AAOS	15-A	10
American Orthopaedic Association Meeting	AOA	8-A	4
Arthroscopy Association of North America Master's Experience Course	AANA	8-A	4
ASEAN Orthopaedic Association Meeting	AOA	8-A	4
Australian Orthopaedic Association Annual Congress	AOA	8-A	4
British Orthopaedic Association Annual Congress	BOA	8-A	4
Canadian Orthopaedic Association Annual Congress	COA	8-A	4
Chinese Orthopaedic Association Annual Meeting	COA	15-A	10
Chinese Speaking Orthopaedics Society Scientific Congress	CSOS	8-A	4
IFSSH & APFSSH Congress	IFSSH/APFSSH	8-A	4
International Federation of Sports Medicine & Asian Federation of Sports Medicine	-	8-A	4
International Meeting on Advanced Spine Techniques, organised by SRS	IMAST	8-A	4
The International Society for the Study of the Lumbar Spine	ISSLS	8-A	4
Japanese Orthopaedic Association Annual Congress	JOA	8-A	4
SICOT Main Congress	SICOT	8-A	4
Scoliosis Research Society Annual General Meeting	SRS	8-A	4
Asia Pacific Orthopaedic Association Main Congress	APOA	8-A	4
Asia Pacific Orthopaedic Association Sectional Meeting	APOA	8-A	4 (8 if on rehab)
AO Course-Davos	AO	8-A	4
AO Specialty Course- Davos	AO	8-A	4
The Orthopaedic Trauma Association Annual Meeting	OTA	8-A	4
New Zealand Orthopaedic Association Annual Congress	NOA	8-A	4
ISAKOS Annual Congress	ISAKOS	8-A	4

Non-Formal College Approved Activity (Non-FCAA)

Other activities not listed in the FCAA lists above might also be accredited with CME/CPD points upon individual applications. The application form must be submitted 2 months before the activity except specific activities stated in the application form. Detailed list of activity please refer to the updated list of Accredited CME/CPD Activities on HKCOS web site by this link: <http://www.hkcos.org.hk/CME-activities.asp>.

Application for CME/CPD Accreditation

All Non-FCAA and the below listed active participations are required to submit written applications to the HKCOS CME/CPD Committee:

	Written Application
Non-FCAA	✓ (with program details)
Presenting/Chairing in FCAA	✓ (with summary content or collection/analysis of data)
Journal Study of Self Learning	✓ (with at least 100 words written comment and copy of abstract/summary of article)
Mortality and Morbidity Meeting	✓ (with written report and attendance record of a minimum of 4 Fellows)
Discharge Meeting	✓ (with written report and attendance record of a minimum of 4 Fellows)
Pre-operative Meeting	✓ (with written report and attendance record of a minimum of 4 Fellows)
X-ray Meeting	✓ (with written report and attendance record of a minimum of 4 Fellows)
Mini-CPC	✓ (with written report and attendance record of a minimum of 4 Fellows)
Interactive Workshop	✓ (with program details)
Clinical Attachment	✓ (with written summary report submitted after the attachment)

Application forms may be obtained from the HKCOS web site:
<http://www.hkcos.org.hk/Forms.asp>.

List of Accredited Journals

1. Acta Orthopaedica Scandinavica
2. Acta Orthopaedica
3. Acta Orthopaedica Scandinavica
4. American Journal of Knee Surgery
5. American Journal of Occupational Therapy
6. American Journal of Sports Medicine
7. Annals of Hand and Upper Limb Surgery
8. Annals of Physical Medicine
9. Annals of the Rheumatic Diseases
10. APLAR Journal of Rheumatology
11. Archives of Orthopaedic and Trauma Surgery
12. Archives of Physical Medicine and Rehabilitation
13. Arthritis & Rheumatism : an official journal of the American College of Rheumatology ,
Arthritis Care & Research
14. Arthritis and Rheumatism
15. Arthritis Care and Research
16. Arthritis Research
17. Arthritis Research & Therapy
18. Arthroscopy
19. Bone and Mineral
20. British Journal of Plastic Surgery
21. British Journal of Rheumatology
22. British Journal of Sports Medicine
23. Bulletin on the Rheumatic Diseases
24. Chinese Journal of Joint Surgery
25. Chinese Journal of Orthopaedic Trauma
26. Chinese Journal of Orthopaedics
27. Chinese Journal of Surgery (English)
28. Clinical Opinion in Orthopaedics
29. Clinical Orthopaedics
30. Clinical Orthopaedics and Related Research
31. Clinical Rehabilitation
32. Clinical Rheumatology
33. Clinical Sports Medicine: the journal of the International Association of Olympic Medical
Officers
34. Clinics in Podiatric Medicine and Surgery
35. Clinics in Sports Medicine
36. Contemporary Orthopaedics
37. Current Opinion in Orthopaedics
38. Current Opinion in Rheumatology
39. Current Orthopaedics
40. European Journal of Orthopaedic Surgery & Traumatology
41. European Spine Journal
42. Foot and Ankle
43. Foot and Ankle Clinics
44. Foot and Ankle International & Foot and Ankle Surgery
45. Foot and Ankle Surgery

46. Hand Clinics
47. Hand Surgery
48. Hong Kong Journal of Orthopaedic Surgery/Journal of Orthopaedics, Trauma and Rehabilitation
49. Hong Kong Medical Journal
50. Injury
51. International Journal of Rehabilitation and Health
52. International Orthopaedics
53. Journal ASEAN Orthopaedic Association
54. Journal of American Academy of Orthopaedic Surgeons
55. Journal of Arthroplasty
56. Journal of Biomechanics
57. Journal of Bone and Joint Surgery (American Volume)
58. Journal of Bone and Joint Surgery (British Volume)
59. Journal of Bone and Mineral Research
60. Journal of Children's Orthopaedics
61. Journal of Clinical Neuromuscular Disease
62. Journal of Clinical Rheumatology
63. Journal of Cutaneous Laser Therapy
64. Journal of Electromyography and Kinesiology
65. Journal of Foot and Ankle Surgery
66. Journal of Hand Surgery (American)
67. Journal of Hand Surgery (British)
68. Journal of Hand Surgery (Edinburgh, Scotland : Online)
69. Journal of Hand Surgery, European volume
70. Journal of Hand Therapy
71. Journal of Knee Surgery
72. Journal of Musculoskeletal Medicine
73. Journal of Musculoskeletal Research
74. Journal of Orthopaedic and Sports Physical Therapy
75. Journal of Orthopaedic and Surgery Techniques
76. Journal of Orthopaedic Research
77. Journal of Orthopaedic Science
78. Journal of Orthopaedic Surgery
79. Journal of Orthopaedic Surgery and Research
80. Journal of Orthopaedic Trauma
81. Journal of Orthopedics and Traumatology
82. Journal of Paediatric Orthopaedics
83. Journal of Pediatric Orthopaedics , Part B
84. Journal of Rehabilitation Medicine
85. Journal of Rehabilitation Research and Development
86. Journal of Rheumatoid Orthopaedics Revision
87. Journal of Rheumatology
88. Journal of Science and Medicine in Sport
89. Journal of Shoulder and Elbow Surgery
90. Journal of Spinal Disorders
92. Journal of Spinal Disorders & Techniques
93. Journal of Sport Rehabilitation
94. Journal of Sports Medicine and Physical Fitness

95. Journal of Sports Sciences
96. Journal of the American Society for Surgery of the Hand
97. Journal of the Royal College of Surgeons of Edinburgh
98. Journal of Trauma
99. Key Techniques in Orthopaedic Surgery
100. Knee
101. Knee Surgery, Sports Traumatology, Arthroscopy
102. Lancet
103. Medicine & Science in Sports & Exercise
104. Microsurgery
105. Modern Rheumatology
106. Neuromuscular Disorders
107. Operative Techniques in Orthopaedics
108. Operative Techniques in Sports Medicine
109. Orthopaedic Clinics of North America
110. Orthopaedic Review
111. Orthopaedic Transaction
112. Orthopaedics
113. Orthopaedics (Oxford : Online)
114. Orthopedic Clinics of North America
115. Osteoarthritis and Cartilage
116. Osteoporosis International
117. Paraplegia
118. Paraplegia News
119. Plastic and Reconstructive Surgery
120. Radiology
121. Rheumatic Diseases Clinics of North America
122. Rheumatology
123. Rheumatology and Physical Medicine
124. Rheumatology and Rehabilitation
125. Rheumatology International
126. Scandinavian Journal of Medicine & Science in Sports
127. Scandinavian Journal of Plastic and Reconstructive Surgery and Hand Surgery
128. Scandinavian Journal of Rehabilitation Medicine
129. Scandinavian Journal of Rheumatology
130. Scoliosis
131. Seminars in Arthritis and Rheumatism
132. Skeletal Radiology
133. Spine
134. Spine Journal
135. Sports Medicine
136. Sports Medicine and Arthroscopy Review
137. Sports Medicine, Arthroscopy, Rehabilitation, Therapy, and Technology
138. Surgery of Shoulder
139. Surgical Techniques in Total Knee Arthroplasty
140. Techniques in Foot & Ankle Surgery
141. Techniques in Hand & Upper Extremity Surgery
142. Techniques in Knee Surgery
143. Techniques in Musculoskeletal Rehabilitation

144. Techniques in Shoulder and Elbow Surgery
145. The Internet Journal of Orthopedic Surgery
146. The Internet Journal of Rheumatology
147. The Internet Journal of Spine Surgery
148. The Open Rehabilitation Journal
149. Year Book of Dermatologic Surgery
150. Year Book of Hand Surgery
151. Year Book of Orthopedics
152. Year Book of Podiatric Medicine and Surgery
153. Year Book of Rheumatology
154. Year Book of Rheumatology, Arthritis, and Musculoskeletal Disease
155. 中國脊柱脊髓雜誌
156. 中國骨質疏鬆雜誌
157. 中國康復理論與實踐
158. 中國康復醫學雜誌
159. 中國矯形外科雜誌
160. 中國臨床康復
161. 中華小兒外科雜誌
162. 中華手外科雜誌 .
163. 中華風濕病學雜誌
164. 中華麻醉學雜誌
165. 中華整形外科雜誌
166. 中華整形燒傷外科雜誌
167. 現代康復
168. 實用美容整形外科
169. 實用骨科雜誌
170. 臨床骨科雜誌
171. 醫用生物力學

(The CME/CPD Committee will review the list periodically to include other relevant Journals. Submission of Other related Orthopaedic Journals could be considered subject to discretion by the CME/CPD Committee).